

**From Revd Jackie Sams,
Associate Priest,
St. Margaret's Berechurch**

August 2017

Hi - Rev Jackie Sams here.

As well as being Associate Priest at St. Margaret's I am now a trained Spiritual Director.

Have you thought about the benefit of having a quiet day or retreat for your parish or MMU?

I have participated in and been trained to lead retreats and quiet days over many years and from my most recent training have led quiet days, evenings and workshops in my local parish, in the deanery for CCS members and at the Vocations day. I am booked to lead one at Pleshey in September 2018.

I find it a real privilege to offer reflective time and input that enables people to grow deeper in their walk with God and would be very happy to lead a retreat for your parish or MMU. I have a reflective creative style. I usually start the days with worship together and then offer spaced input with thoughts and reflections from scripture and life. In the silent spaces that follow, group members are free to use silent reflective space in their own way but I also offer suggestions and optional creative activities for those who appreciate some guidance or find silence more intimidating. I also make myself available in a safe spot to speak and pray with any who might feel particularly challenged by their reflections. The sessions, day or weekend will usually end with worship or Holy Communion and a voluntary chance to share what God has said. This is often a special point as we finish our time together.

If you think this approach might work for your parish or MMU please contact me on 01206530586 or by email revjackiesams@gmail.com

Thanks

Jackie

PS

It might be that you can also help me. Though priested 6 years ago I have never had the opportunity to take a wedding. (We don't get many in modern buildings.)

A wedding anniversary blessing and remembering of vows has been the nearest so far. I have been to several wedding rehearsals but if you have any wedding preparation coming up that I could attend, could go through the dreaded legal preliminaries with me and even better, have a spare wedding that I could take please could you let me know. Thanks.